About Tzu Chi

Founded in Taiwan in 1966, and established in the United States since 1989, Buddhist Tzu Chi Foundation is a nonprofit humanitarian organization with about 10 million volunteers and donors in 56 countries. Active in charity, medicine, education, and humanistic culture, and best known for its disaster relief operations, Tzu Chi has provided aids to people in United States and more than 90 countries worldwide.

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The Four Infinite Minds

The four important doctrines in Buddhist teachings of loving-kindness, compassion, joy and equanimity are known as the four infinite minds. They are also the four basic beliefs of the Tzu Chi volunteers in serving communities and interacting with people.

Those with a mind of loving-kindness would bring blessings to the world, helping society be peaceful, harmonious, joyful and prosperous, and will never regret for it.

Those who have great compassion would have no resentment because they vow to relieve suffering sentient beings and have no complaints however difficult the mission is.

Those who have great joy would attain state of free of worries because they open their minds to embrace all. Whether in favorable or adverse circumstances, they are at ease and peace, joyful, and worry-free.

Those who attain spirit of equanimity would be free of mundane expectations because they have great love in their hearts and are positive in attitude, and diligent in actions. Therefore, they not only expect nothing from others but express their gratitude to them.

When we engage in spiritual cultivation among people with this mindset, we will forever uphold our spiritual aspirations.

Loving Kindness

With a mind of infinite great loving-kindness, one brings others happiness without reservations.

A thought arises from a kind heart could spread to all realms in all directions. In the past 50 years, Tzu Chi volunteers’ footprints of love started from Taiwan and have traversed to 94 countries over the world serving people regardless of theirs nationalities, races and religions. No matter whatever adversities or challenges they have encountered, they have no regret and continue to charge on. Their every thought is hoping more people would be freed from suffering, and are inspired to join in the rank of saving others.
Compassion: Great Compassion without Resentment

With a mind of great compassion, one relieves others’ suffering without resentment.

Compassion means relieving others of suffering. There are numerous sufferings in the world. Some are due to natural disasters or manmade calamities; some from prolonged poverty or disability; some are loneliness or despair.

For 52 years, Tzu Chi has inspired countless living Bodhisattvas to save and relieve people from sufferings, allowing loving-hearts spread all over the world. These Bodhisattvas would appear in time wherever there is suffering. They embrace the mindset of having great compassion without resentment; and brave the adversities to accompany and comfort people who are suffering.

Joy: Great Joy Bears No worries

With a spirit of great joy, one attains wisdom and is worry free.

Tzu Chi volunteers aspire to be role models of our society. With wholesome intentions and actions, can we gain trust of others, and together to build a better world.

What is joy? It means having no worries, no greed, and not fussing over mundane conflicts. The mindset is also wisdom.

When one abides to his or her obligations, keeps a joyful mindset, and does not fuss about personal gains or losses, one’s mind would be calm and peaceful. How beautiful is a life filled with goodness and earnestness? When we can always keep our hearts and minds wholesome, be joyful without worries; and to give or serve unconditionally, we will enrich the value of our lives.

Equanimity: Giving Without Expectations

How can we transform our afflictions into a state of peace and liberty? Afflictions arise due to the sense of attachments. In order to achieve the state of peace, free of afflictions, we need to be able to let go our attachment to a “self”. Without being attached to a “self”, one will be able to treat all beings with respect and unselfish love, and to give without expecting anything in return. It is said, “A loving heart brings blessings. The more love there is, the more strength there will be.” Being able to give without expectations and to let go a “self”, one would be free of afflictions and to attain the state of Equanimity.
Questing for a harmonious world, Tzu Chi volunteers provides services to people of all colors, religions with love, respect and gratitude in hopes of relieving their sufferings and inspiring their compassion and kindness even at their dire situation.
Developing Compassion

The power of love and compassion transcends race, religion, country and politics. When disasters whether caused by human by nature occur, Tzu Chi volunteers act with a steadfast conviction —“for those who suffered and stranded with no comforts, we who are blessed should go and help,” without expecting any return or recognition, and unconditionally, Tzu Chi volunteers started from Taiwan to US have gone to 94 countries offering reliefs to the suffered.

Tzu Chi’s founder, Dharma Master Cheng Yen, her seven disciples, and 30 housewives started humanitarian work for the poor in Hualien, Taiwan fifty two years ago. Even they themselves were financially challenged, they managed to provide congee monthly to needed locals. Now the work of Tzu-Chi has expanded into multiple dimensions from charity, medicine, education, and humanistic culture to include international disaster relief, bone marrow registry, community volunteering, and environmental conservation.

In this turbulent time, our society now needs support from each of us to instill tolerance and stability more than before. We sincerely invite you to join us to broaden the practice of compassion. Your involvement will infuse many others to foster a prosper and harmonious society, and to bring light to those forgotten in dark corners.

Han Huang
Chief Executive Officer
CHARITY

Following Tzu Chi founder Dharma Master Cheng Yen’s call to put “compassion into action,” volunteers regularly serve people in need in their local communities, including homeless, elderly, and ill individuals, as well as low-income families and students. Whenever disaster strikes, at home or abroad, volunteers provide both immediate and long-term relief efforts, always delivering relief goods directly to those in need, with two hands and a deep bow.
DISASTER RELIEF

Natural disasters leave death and destruction in their wake. But Tzu Chi volunteers follow quickly providing compassionate care to those left behind, by providing victims of disasters caused by floods, wildfires, tornadoes, cash, blankets, and daily necessities to help survivors through the initial period of grief and uncertainty. In 2016, Tzu Chi USA provided financial and material relief to 4,718 families served.

Disasters

- Flood: 9
- Tornado: 1
- Home/Apartment Fire: 30
- Earthquake: 1
- Wildfire: 1
- Eco Scarf: 416
- Blankets: 3,909
- Bus Crash: 1

Debit cards: $2,008,124
Mobile Food Pantry In S. California

in the U.S., food insecurity affects one in four children and one in six adults. To fight hunger, our Mobile Food Pantry travels throughout Southern California on a weekly and ad hoc basis, serving the most impoverished communities.

With two 22-foot trucks carrying up to 20,000 pounds of fresh produce and wholesome food, we can serve up to 500 families per distribution, and up to 20,000 families annually. Each family receives enough food to supplement a week’s worth of meals.

In November and December 2016, the program helped 977 families, benefitting over 4,000 people in S. California.

37,300 Pound
4,000 Peoples
977 Families

VITA
Volunteer Income Tax Assistance

Our free services to tax return preparation help low-income families. Our volunteers clocked 8,443 hours (valued at $198,529) prepared tax returns for 2,168 households, helped them benefit from $2,441,614 in refunds.
Student Services

All across the country, Tzu Chi volunteers help low-income, underprivileged elementary school students focusing on their studies and thrive. Tailored to each area’s individual circumstances, Tzu Chi’s Happy Campus Program provides after-school tutoring, weekend food backpacks, school supplies, and more. Tzu Chi also provides $1,000 scholarships to college students to help them to achieve by achieving their educational dreams.

Scholarships $232,000

Our need-based $1,000 scholarship awards assist underprivileged college-bound high school graduates and returning undergraduates, helping 232 students pursue their dreams.

Community Services

Tzu Chi Volunteers dedicate themselves to serving communities in need by providing care and support to victims of disasters due to nature or human error. Tzu Chi distributed food, clothing, blankets, and emergency kits to the needy.

We offer charity services across the USA, focusing on underprivileged and underserved communities, families, and groups, and helping those who suffer due to poverty, hunger, and homelessness in a variety of ways.

Food Banks

Serve patients, low-income families, and homeless shelter residents

26,800 people benefitted

Hot Meals

Provide meals to homeless people, hospitalized children, seniors, and parolees

62,349 distributed

Winter Care Distributions

12,213 people benefitted ($22,000 in cash cards \ 762 blankets \ 832 scarves)

* The programs serve low-income families, homeless individuals, seniors, and parolees.
Just like the Medicine Buddha, Tzu Chi’s medical volunteers treat the person in whole, not just the disease. Even though millions more Americans are now covered by medical insurance, many still lack vision and dental coverage, or have difficulty accessing health care due to distance, work schedule, or lack of transportation. Tzu Chi overcomes these barriers through mobile clinics, regular medical outreach programs, and mobile day clinics.
GUARDING HEALTH
We provide free medical, dental, and vision care for those in need in the U.S. and internationally. The health care services are offered by medical professional and logistical volunteers from Tzu Chi International Medical Association (TIMA). Between 1993 and 2016, we offered medical services to 551,176 underprivileged or underserved individuals across the USA. We also operate seven mobile clinics that serve low-income uninsured or underinsured patients and those who lack access to ongoing medical care throughout California.

Community Clinics

Tzu Chi Medical Foundation operates four permanent clinics in Southern California and Hawaii, providing primary health care, family medicine, internal medicine, pediatrics, immunizations, gynecology and mammograms, ophthalmology and optometry, vision care, podiatry, ENT, minor surgery, diet and nutrition consultations, free prescription medications, health fair and outreach programs, cancer and diabetic support groups, dental services, acupuncture, and medical social work. Services are low-cost or free for qualifying patients.

**Patient Visits**
- **Medical**: 10,178
- **Vision**: 1,166
- **Dental**: 4,301
- **Acupuncture**: 116
- **Wellness classes**: 128

*we offer vision care and prescription glasses for students in underserved communities*

Remote Outreach
Tzu Chi's seven mobile clinics offer comprehensive medical, dental, vision, and cancer screening services to patients who have no insurance or access to ongoing medical care, the majority of whom have family incomes below 200% of the federal poverty level. Tzu Chi’s three dental, two vision, one medical, and one prostate cancer screening mobile clinics serve migrant farm workers, homeless, working poor, uninsured students, and others with barriers to medical care throughout California.

**2016 Service Provided at 261 Remote Outreaches**
- **Medical**: 3,020
- **Dental**: 3,654
- **Vision**: 1,072
- **Acupuncture**: 5,416

**7 Mobile Vans**
- **Medical Services**
- **Dental Services**
- **Vision Services**
- **Acupuncture Services**
Major Events

Since first partnering with Remote Area Medical (RAM) on an eight-day clinic event in 2009, Tzu Chi has regularly collaborated with other organizations to hold major multi-day events that serve many patients in need. In 2016, Tzu Chi participated Care Harbor LA Free Clinic 2016, the 5th Annual Care 4 a Healthy I.E. in San Bernardino, CA, and the 4th Annual Healthy Fresno, Fresno, CA.
Believing that tomorrow’s leaders should have strong morals as well as academic knowledge, Tzu Chi instills positive values from an early age. At Tzu Chi’s accredited preschools, kindergartens, and elementary school, as well as two dozen bilingual weekend academies, students are provided opportunities to develop both wisdom and character. Tzu Chi volunteers also offer regular character education lessons at several public elementary schools.
Character Education Program

We partner with public schools across the U.S. to offer a character education program. The curriculum helps students learn to be giving and caring not only to people but also to our planet. For instance, our Every Day is Earth Day Assembly consists of an indoor lecture where students learn the importance of taking care of the Earth, followed by an outdoor activity that allows students to practice how to recycle to protect our planet.

Preschools & Elementary

To equip young people for success and pave the way to a brighter future, Tzu Chi provides students with bilingual education and a strong moral foundation at four preschools and one elementary school. The schools, located in Southern California and Texas, offer children high-quality academic curriculums in both English and Mandarin Chinese in a nurturing environment based on principles of gratitude, respect, and love.

<table>
<thead>
<tr>
<th></th>
<th>2006</th>
<th>2008</th>
<th>2010</th>
<th>2013</th>
<th>2014</th>
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<tbody>
<tr>
<td>Preschool</td>
<td>Monrovia, CA</td>
<td>Dallas, TX</td>
<td>Walnut, CA</td>
<td>Houston, TX</td>
<td></td>
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<tr>
<td>Elementary</td>
<td>Monrovia, CA</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
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<tr>
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<th></th>
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<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
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<td>Schools</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>5</td>
<td>5</td>
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<td>24</td>
<td>33</td>
<td>44</td>
<td>46</td>
<td>53</td>
</tr>
<tr>
<td>Students</td>
<td>144</td>
<td>209</td>
<td>223</td>
<td>237</td>
<td>335</td>
</tr>
</tbody>
</table>

Preschools: Monrovia, CA / Walnut, CA / Dallas, TX / Houston, TX  
Elementary: Monrovia, CA
Tzu Chi Academy

Tzu Chi Academy not only instructs students in Chinese language and culture, but also focuses on character development with frequent opportunities to do good deeds. The first school opened in 1994; there are now twenty-four academies spread across thirteen states, as well as ten Junior Academies and Children Learning Classes. Each school gives students a weekly opportunity to nurture their hearts and minds while developing kindness, compassion, joy, and giving.

Character Education

Helping children build a strong moral foundation through effective character education is more important than ever before, but increasingly unlikely to be found in most public schools. Since 2006, Tzu Chi has partnered with schools in low-income communities to provide curriculum focused on the virtues of respect, responsibility, gratitude, giving, compassion, courage, contentment, emotional management, filial piety, and tolerance.
Tzu Chi Youth Association

The teenage years are a key stage of development, so it’s vital that positive values and a love of service are instilled in young people at this early age. In sixteen local chapters of the Tzu Chi Youth Association (Tzu Shao), high school students meet at least twice a month to learn the compassionate spirit of Tzu Chi and apply it through service learning projects led by the students themselves.

<table>
<thead>
<tr>
<th>Youth Association Participants</th>
<th>2014</th>
<th>2015</th>
<th>2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Students</td>
<td>843</td>
<td>866</td>
<td>860</td>
</tr>
</tbody>
</table>

Continuing Education

Learning does not end when one becomes an adult; education is a lifelong endeavor. Today, Tzu Chi offers dozens of continuing education classes at sixteen locations in seven states, where community members are invited to learn various practical life skills, as well as techniques for caring for body, mind, and spirit. Through these courses, participants enrich their lives and form lasting friendships.

<table>
<thead>
<tr>
<th>Continuing Education</th>
<th>2014</th>
<th>2015</th>
<th>2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Students</td>
<td>1555</td>
<td>1800</td>
<td>4016</td>
</tr>
</tbody>
</table>
HUMANISTIC CULTURE

In this media over-spawned era, people often are lost in manufactured sensational news, and pursuing insatiable desires. As a Foundation, Tzu Chi is striving to be the cornerstone of the society where positive and inspirational news and stories that transform people’s life, and strengthen families and communities are shared. In addition, the Foundation is also an active advocate of ethical eating and promotes sustainable living. It is the ultimate goal of the Foundation to foster a healthy environment for all physically, and spiritually.
Inspiration for Incarcerated

The teachings of Tzu Chi’s founder Dharma Master Cheng Yen collected in Jing Si Aphorisms and other books have long provided inspiration and guidance to many people around the world. Tzu Chi started an inmate support program in late 2013. Volunteers go to selected correctional institutes to offer group discussion sessions based on Jing Si Aphorisms as well as anonymous pen pal programs. As of the end of 2016, Tzu Chi has been writing to 550 inmates in 37 states.

Books Donated: 1754
Letters Returned: 361
Inmates: 550
states: 37
Letters Received: 1152

WE OFFER SPIRITUAL SUPPORT FOR INMATES

In U.S. prisons, over 900 inmates regularly receive inspiring books and magazines and, to date, our volunteers have replied to over 1,200 letters, guiding inmates towards a meaningful life of helping others.
Enjoy It for Dinner, Store It for Disaster

Out of Master Cheng Yen’s compassionate wish for disaster survivors to have food to eat even when gas and electricity are unavailable, the Jing Si Abode nuns started developing rice that is ready to eat after soaking in hot or cold water. Widely used in disaster relief, Jing Si Instant Rice is also popular among mountain climbers for its light weight and easy preparation.

When Hurricane Sandy struck in late 2012, there were only 10 cases of Jing Si Instant Rice in the U.S. As preparedness for emergencies is urgently needed, volunteers now stock this product at home and ask stores to carry it. Some supermarkets have already accepted this product and agreed to sell it back to Tzu Chi at the original cost when disaster strikes.

Ethical Eating Day

January 11th is a compassion and faith-based movement initiated by Tzu Chi to help combat climate change through a vegetarian diet, one that is both sustainable and ethical.

118 countries reached and more than 2347 cities

More than 39,000 individuals from 118 countries pledged to be vegetarian on January 11th, 2016/11/2016

309,301 pledges in 2017
Tzu Chi Foundation operates on an international level and has representation in the global community, where NGOs and INGOs collaborate to share resources, experiences, and expertise. Tzu Chi brings its organizational, programmatic, and spiritual missions onto the global stage, showcasing the spirit, work, and experiences of its volunteers. Giving a voice to the volunteers will not only expand the reach, influence, and recognition of Tzu Chi, but will also develop relationships and partnerships with other local, national, and international humanitarian actors and organizations, strengthening Tzu Chi’s operational capacities while spreading and cultivating the seeds of love.

PROVIDING DISASTER RELIEF

We provide swift disaster relief in the U.S. and internationally. In the U.S., we offer cash cards, blankets, necessities, and comfort. We also offer a disaster aid program, which provides jobs at substantial compensation on a day-by-day basis as needed. The program motivates communities to work together to begin rebuilding and helps families get back on their feet while together to begin rebuilding, and helps families get back on their feet while aid that empowers and offers relief after disasters.

International Disaster Relief

Honduras

$2,008,124

We responded to 46 disasters and distributed $2,008,124 in cash cards, benefitting 4,718 families affected by disasters domestically.

Choluteca DaAi Village

x248 households

After flood relief in Choluteca, Honduras in 2011, Tzu Chi started the housing projects in Marcovia, and Choluteca. We built 2 villages, a total of 408 houses.
Continuing Care for Haiti

Since the devastating earthquake that struck near Port-au-Prince on January 12, 2010, Tzu Chi has never left the side of the Haitian people. Understanding that education is the best hope for the next generation, Tzu Chi in 2015 unveiled the fourth school the Foundation has rebuilt in Haiti—Centre Prescolaire Carmen Rene Durocher in Solino. Volunteers also continued to provide regular afterschool tutoring, rice distributions, and hot meal services throughout the year.

600 tons + 2 tons of Instant Rice were given out benefitting 114,227 people (Beneficial Families 37,582)

Cash for Relief 600 usd $4,800

Hot Meals at General Hospital beneficiary Count 95,087 patients (305,961 meals)
the food costing $21,600

Happy Campus Tuition Assistance Program
Schools 4 / Classes 41 brought $21,150 in aid
Student Count 8,384

Cost of building materials: usd $16,632 Number of houses rebuild: 72
Ebola Support for Sierra Leone

The West African Ebola virus epidemic broke out at the end of 2013. Before it was contained in 2016, more than 28,000 people had been infected, half of them in Sierra Leone, which had barely recovered from a civil war. The Tzu Chi Foundation has monitored the situation in Sierra Leone since shortly after the epidemic erupted. In 2015, the foundation signed a memorandum of understanding with Caritas Freetown and the Healey International Relief Foundation (HIRF) to deliver aid to the nation. Caritas Freetown and HIRF are two organizations that provide much needed medical and material help throughout Sierra Leone. Tzu Chi distributed portable beds, blankets, instant rice, latex gloves, surgical masks, and stethoscopes to government hospitals and clinics, nonprofit clinics, Ebola orphans, and amputees and their families. On September 27, 2016, Tzu Chi distributed of 60 tons of rice.

Humanitarian goods distributed as of December 31, 2016:

<table>
<thead>
<tr>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ebola Survivors</td>
<td>3,488</td>
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<tr>
<td>Ebola Orphans</td>
<td>914</td>
</tr>
<tr>
<td>War-wounded</td>
<td>121</td>
</tr>
<tr>
<td>Social Institutions</td>
<td>3,589</td>
</tr>
<tr>
<td>Partner Organizations</td>
<td>430</td>
</tr>
<tr>
<td>Foldable Beds</td>
<td>1512</td>
</tr>
<tr>
<td>Used Clothing</td>
<td>119,121</td>
</tr>
<tr>
<td>Pairs of Shoes</td>
<td>27,000</td>
</tr>
<tr>
<td>Pairs of Slippers</td>
<td>17,280</td>
</tr>
<tr>
<td>Latex Examination Gloves</td>
<td>246,600</td>
</tr>
<tr>
<td>Masks</td>
<td>246,000</td>
</tr>
<tr>
<td>Rice</td>
<td>200 tons</td>
</tr>
<tr>
<td>Blankets</td>
<td>3,530</td>
</tr>
<tr>
<td>Brown Rice Protein Powder</td>
<td>7,140 cans</td>
</tr>
</tbody>
</table>

Tzu Chi was the first and only NGO to help all Ebola survivors across the country, having collected their names from lists provided by local government.
Our aid in Ecuador began in response to the earthquake in 2016.

Cash for relief

Ecuador, a country located in South America’s west coast, experienced a 7.8 earthquake in Richer Magnitude scale on April 16, 2016. It made serious damage to an area covered several hundred miles on its west coast resulted more than six hundred deaths and more than seven thousand buildings collapsed. This was one of the worst earthquakes in the past thirty years. Tzu-Chi does not have a service branch established in Ecuador, but its volunteers of U.S.A., Chile, Argentina, and Paraguay immediately traveled to disaster hit area, and started urgent care and assistance.

Tzu-Chi, with the intent for victims of the quake could keep up the needs of daily life while rebuilding their home and life, it promoted Cash for Relief. It paid locals fifteen US dollars per day for street cleaning, in five cities (Manta, Portoviejo, Pedernales, Canoa, and Jama).

In addition, it distributed portable beds and blankets, benefited at least eight thousand people.

Our Cash For Relief program -22 occasions-

- provided 511,815 in aid
- creating 34,030 day jobs

Cash for Relief Participants -34,121-

Our mid-term aid distributions

- 1,512 multi-functional folding beds
- 5,235 eco-blankets

The distribution ceremonies drew over 3,000 attendees, and the relief is estimated to have benefitted over 8,000 earthquake survivors.
Tzu Chi’s Bamboo Bank Spirit

In 1966 Dharma Master Cheng Yen, the founder of Tzu Chi, instructed her followers—30 local housewives—to set aside a few cents of their grocery money in a bamboo coin bank every day. Their coins were later pooled together and used to help others in need. Today, the spirit of the bamboo bank remains the heart and soul of Tzu Chi. Just as many drops of water come together to make a river, so too do small daily kind actions from many ordinary individuals come together would make extraordinary impacts to the world.

Financial Highlights

For the year of 2016

SUPPORT AND REVENUE: (In Thousands)

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contributions</td>
<td>17,925</td>
</tr>
<tr>
<td>Program Services &amp; Tuition</td>
<td>2,638</td>
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<tr>
<td>Other Income</td>
<td>3,178</td>
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<tr>
<td><strong>TOTAL SUPPORT AND REVENUE</strong></td>
<td><strong>23,742</strong></td>
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</tbody>
</table>

EXPENSES: (In Thousands)

<table>
<thead>
<tr>
<th>Category</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Charitable Services</td>
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</tr>
<tr>
<td>Medical Services</td>
<td>2,800</td>
</tr>
<tr>
<td>Education</td>
<td>5,749</td>
</tr>
<tr>
<td>Humanistic Culture</td>
<td>2,501</td>
</tr>
<tr>
<td>Disaster Relief</td>
<td>10,687</td>
</tr>
<tr>
<td>Other (Note)</td>
<td>622</td>
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<tr>
<td>Management and General</td>
<td>1,959</td>
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<tr>
<td>Fundraising</td>
<td>697</td>
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<tr>
<td><strong>TOTAL EXPENSES</strong></td>
<td><strong>27,188</strong></td>
</tr>
</tbody>
</table>

Note: Other expenses include the foundation’s environmental protection and community volunteerism projects.
TZU CHI USA LOCATIONS

National Headquarters 909-447-7799
Northeast Region 718-888-0866
Mid-Atlantic Region 973-857-8666
Greater Washington D.C. Region 703-707-8606
Northwest Region 408-457-6969
Pacific Islands Region 808-737-8885
Midwest Region 630-963-6601
Central Region 972-680-8869
Southern Region 713-270-9988